

ELMORE COUNTY CANCER PROFILE

*A fact sheet from the Cancer Data Registry
of Idaho, Idaho Hospital Association.*

**Cancer Incidence 2003-2007
Cancer Mortality 2004-2008
BRFSS 2000-2008**

CANCER

Cancer is a group of more than 100 different diseases, each characterized by uncontrolled growth and spread of abnormal cells. Cancer risk increases with age, and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

It is generally accepted that 65-80% of all cancers are related to personal lifestyle or environmental factors, such as smoking and diet, and are therefore preventable. Other factors such as age, gender, and family history of specific cancers are also associated with cancer and aid in the identification of people at high risk.

For some cancers, effective treatment is available. For these cancers, early detection saves lives. For example, early detection of breast cancer in women 50 years of age and older has decreased breast cancer mortality by 30%. These patterns indicate opportunities for disease control and for reducing the number of cancer deaths through prevention, early detection, and treatment of the disease. Access to detection services is a key consideration.

RISK FACTORS AND INTERVENTIONS

Aging:

Because the population is aging, the number of new cancer cases and cancer deaths that occur each year will continue to increase unless the trend is reversed by significant improvements in prevention, early detection, and treatment.

Smoking:

Smoking and the use of smokeless tobacco are responsible for the majority of all cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States.

Diet:

The U.S. Department of Agriculture recommends the following dietary guidelines for managing a healthy diet: eat a variety of foods; maintain a healthy weight; choose a diet low in total fat with plenty of fruits, vegetables, and grain products; limit the use of sugar, salt, and sodium; and minimize alcoholic beverage consumption.

Screening:

Early detection is extremely important for those cancers that can be cured and which can be discovered early. Breast cancer is a good example of this, as stage at diagnosis is the strongest predictor for survival from breast cancer.

FOR MORE INFORMATION

Cancer Data Registry of Idaho
615 N. 7th Street
P.O. Box 1278
Boise, ID 83701
208-338-5100 Ext. 213
<http://www.idcancer.org>

National Cancer Institute
Cancer Information Services
1-800-4CANCER
<http://cis.nci.nih.gov>

American Cancer Society
2676 South Vista Avenue
Boise, ID 83705
208-343-4609
<http://www.cancer.org>

CANCER INCIDENCE 2003-2007

During the five-year period 2003-2007, 31,924 cases of invasive cancer were diagnosed among residents of the state of Idaho, 562 among Elmore County residents. It is estimated that almost one in two Idahoans will develop cancer during their lifetime.

Cancer Incidence 2003-2007	Elmore County	State of Idaho
All Sites/Types	562	31,924
Prostate	77	5,357
Female Breast	76	4,219
Lung & Bronchus	94	3,906
Colorectal	49	2,935

The table, *CANCER INCIDENCE 2003-2007, COMPARISON BETWEEN ELMORE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO*, shows for Elmore County the number of observed cases, person-years, crude rates, age and sex-adjusted rates, expected number of cases based upon age and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected cases. The table also shows the number of observed cases, person-years, and crude rates for the remainder of the state of Idaho.

Comparisons were made for all cancers combined, 23 invasive cancer types, in situ breast cancer, non-malignant brain and other central nervous system tumors and pediatric cancer. Separate comparisons for males, females, and both sexes combined are included.

As the table shows, the crude rate of invasive cancer incidence in Elmore County was 391.0 cases per 100,000 person-years for the years 2003-2007. Compared with the crude incidence rate for the remainder of Idaho (448.6), this gives an estimate of the burden of disease in Elmore County.

The age- and sex-adjusted incidence rate of invasive cancer in Elmore County, all sites combined, was 517.9 cases per 100,000 persons per year for the years 2003-2007. There were statistically significantly more cases of cancer in Elmore County (562) than expected (486.8) based upon rates in the remainder of the state ($p=.001$).

There are many reasons why cancer incidence rates differ by county, related to smoking, other personal behaviors, socioeconomic status, and other factors.

CANCER MORTALITY 2004-2008

Cancer is the second leading cause of deaths in Idaho and in the United States. From 2004-2008, 11,781 persons in Idaho died from cancer, 203 in Elmore County. The majority of cancer deaths are from four primary sites: lung, colon, female breast, and prostate.

Mortality 2004-2008	Elmore County	State of Idaho
All Deaths	796	52,819
Cancer Deaths % of All Deaths	203 25.5%	11,781 22.3%
Lung & Bronchus	61	2,962
Colorectal	15	1,035
Female Breast	10	809
Prostate	7	777

The table, *CANCER MORTALITY 2004-2008, COMPARISON BETWEEN ELMORE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO*, shows for Elmore County the number of observed deaths, person-years, crude rates, age and sex-adjusted rates, expected number of deaths based upon age and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected deaths. The table also shows the number of observed deaths, person-years, and crude rates for the remainder of the state of Idaho. Comparisons were made for all deaths, all cancer deaths, and 21 specific cancer types. Separate comparisons for males, females, and both sexes combined are included.

The age- and sex-adjusted cancer mortality rate for Elmore County, all sites combined, was 200.3 deaths per 100,000 persons per year for the years 2004-2008, compared with 161.9 for the remainder of the state. There were statistically significantly more cancer deaths in Elmore County (203) than expected (164) based upon rates in the remainder of the state ($p=.004$).

Statistical Note: Rates and percentages based upon 12 or fewer cases or deaths (numerator) should be interpreted with caution.

Data Note: Mortality data may differ slightly from published official statistics from the Bureau of Vital Records and Health Statistics.

CANCER INCIDENCE 2003-2007
COMPARISON BETWEEN ELMORE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cancer Site/Type	Sex	Elmore County						Remainder of Idaho		
		Observed Cases	Person Years	Crude Rate (1)	A.A.I. Rate (1,2)	Expected Cases (3)	P-Value (4)	Observed Cases	Person Years	Crude Rate (1)
All Sites Combined	Total	562	143,719	391.0	517.9	486.8	0.001 >>	31,362	6,991,075	448.6
All Sites Combined	Male	288	78,149	368.5	522.1	265.6	0.182	16,896	3,509,164	481.5
All Sites Combined	Female	274	65,570	417.9	517.3	220.0	0.000 >>	14,466	3,481,911	415.5
Bladder	Total	29	143,719	20.2	29.1	20.1	0.073	1,411	6,991,075	20.2
Bladder	Male	23	78,149	29.4	44.8	15.8	0.105	1,080	3,509,164	30.8
Bladder	Female	6	65,570	9.2	12.5	4.6	0.613	331	3,481,911	9.5
Brain - malignant	Total	12	143,719	8.3	9.6	8.6	0.327	481	6,991,075	6.9
Brain - malignant	Male	8	78,149	10.2	11.8	5.0	0.260	257	3,509,164	7.3
Brain - malignant	Female	4	65,570	6.1	6.8	3.8	1.000	224	3,481,911	6.4
Brain and other CNS - non-malignant	Total	12	143,719	8.3	10.4	9.9	0.590	603	6,991,075	8.6
Brain and other CNS - non-malignant	Male	2	78,149	2.6	3.2	3.1	0.794	174	3,509,164	5.0
Brain and other CNS - non-malignant	Female	10	65,570	15.3	18.4	6.7	0.277	429	3,481,911	12.3
Breast	Total	76	143,719	52.9	67.8	67.4	0.321	4,198	6,991,075	60.0
Breast	Male	-	78,149	-	-	0.9	0.848	55	3,509,164	1.6
Breast	Female	76	65,570	115.9	140.9	64.2	0.164	4,143	3,481,911	119.0
Breast - in situ	Total	7	143,719	4.9	6.1	14.0	0.063	857	6,991,075	12.3
Breast - in situ	Male	-	78,149	-	-	0.1	1.000	4	3,509,164	0.1
Breast - in situ	Female	7	65,570	10.7	12.7	13.5	0.082	853	3,481,911	24.5
Cervix	Female	4	65,570	6.1	6.4	3.9	1.000	219	3,481,911	6.3
Colorectal	Total	49	143,719	34.1	47.5	42.6	0.360	2,886	6,991,075	41.3
Colorectal	Male	25	78,149	32.0	46.5	22.8	0.699	1,489	3,509,164	42.4
Colorectal	Female	24	65,570	36.6	48.5	19.9	0.406	1,397	3,481,911	40.1
Corpus Uteri	Female	8	65,570	12.2	15.1	11.7	0.352	768	3,481,911	22.1
Esophagus	Total	7	143,719	4.9	6.7	4.9	0.461	329	6,991,075	4.7
Esophagus	Male	7	78,149	9.0	12.8	4.2	0.273	272	3,509,164	7.8
Esophagus	Female	-	65,570	-	-	0.8	0.893	57	3,481,911	1.6
Hodgkin Lymphoma	Total	6	143,719	4.2	4.3	3.7	0.343	184	6,991,075	2.6
Hodgkin Lymphoma	Male	3	78,149	3.8	3.8	1.9	0.610	87	3,509,164	2.5
Hodgkin Lymphoma	Female	3	65,570	4.6	4.9	1.7	0.489	97	3,481,911	2.8
Kidney and Renal Pelvis	Total	12	143,719	8.3	10.8	15.2	0.503	952	6,991,075	13.6
Kidney and Renal Pelvis	Male	6	78,149	7.7	10.3	9.9	0.272	598	3,509,164	17.0
Kidney and Renal Pelvis	Female	6	65,570	9.2	11.3	5.4	0.908	354	3,481,911	10.2
Larynx	Total	3	143,719	2.1	2.8	3.3	1.000	211	6,991,075	3.0
Larynx	Male	2	78,149	2.6	3.6	2.6	1.000	167	3,509,164	4.8
Larynx	Female	1	65,570	1.5	1.9	0.7	0.965	44	3,481,911	1.3
Leukemia	Total	18	143,719	12.5	16.2	15.6	0.606	981	6,991,075	14.0
Leukemia	Male	13	78,149	16.6	22.7	9.3	0.297	572	3,509,164	16.3
Leukemia	Female	5	65,570	7.6	9.3	6.3	0.796	409	3,481,911	11.7
Liver and Bile Duct	Total	11	143,719	7.7	10.3	4.1	0.007 >>	268	6,991,075	3.8
Liver and Bile Duct	Male	10	78,149	12.8	18.0	2.9	0.002 >>	184	3,509,164	5.2
Liver and Bile Duct	Female	1	65,570	1.5	2.0	1.2	1.000	84	3,481,911	2.4
Lung and Bronchus	Total	94	143,719	65.4	92.1	55.6	0.000 >>	3,812	6,991,075	54.5
Lung and Bronchus	Male	42	78,149	53.7	80.6	30.9	0.065	2,078	3,509,164	59.2
Lung and Bronchus	Female	52	65,570	79.3	103.8	24.9	0.000 >>	1,734	3,481,911	49.8
Melanoma of the Skin	Total	14	143,719	9.7	11.6	28.8	0.004 <<	1,667	6,991,075	23.8
Melanoma of the Skin	Male	12	78,149	15.4	19.6	17.0	0.270	973	3,509,164	27.7
Melanoma of the Skin	Female	2	65,570	3.1	3.4	11.7	0.001 <<	694	3,481,911	19.9
Myeloma	Total	6	143,719	4.2	5.8	5.3	0.865	359	6,991,075	5.1
Myeloma	Male	4	78,149	5.1	7.5	3.3	0.859	221	3,509,164	6.3
Myeloma	Female	2	65,570	3.1	4.0	2.0	1.000	138	3,481,911	4.0
Non-Hodgkin Lymphoma	Total	22	143,719	15.3	20.6	19.9	0.696	1,301	6,991,075	18.6
Non-Hodgkin Lymphoma	Male	9	78,149	11.5	15.8	11.1	0.654	687	3,509,164	19.6
Non-Hodgkin Lymphoma	Female	13	65,570	19.8	25.8	8.9	0.232	614	3,481,911	17.6
Oral Cavity and Pharynx	Total	12	143,719	8.3	11.0	11.8	1.000	757	6,991,075	10.8
Oral Cavity and Pharynx	Male	4	78,149	5.1	7.1	8.9	0.118	552	3,509,164	15.7
Oral Cavity and Pharynx	Female	8	65,570	12.2	15.2	3.1	0.028 >>	205	3,481,911	5.9
Ovary	Female	6	65,570	9.2	11.4	7.0	0.895	465	3,481,911	13.4
Pancreas	Total	19	143,719	13.2	18.9	11.6	0.055	803	6,991,075	11.5
Pancreas	Male	15	78,149	19.2	28.5	6.1	0.003 >>	405	3,509,164	11.5
Pancreas	Female	4	65,570	6.1	8.3	5.5	0.714	398	3,481,911	11.4
Prostate	Male	77	78,149	98.5	146.3	79.2	0.866	5,280	3,509,164	150.5
Stomach	Total	4	143,719	2.8	3.8	5.2	0.803	348	6,991,075	5.0
Stomach	Male	4	78,149	5.1	7.4	3.7	1.000	238	3,509,164	6.8
Stomach	Female	-	65,570	-	-	1.6	0.403	110	3,481,911	3.2
Testis	Male	3	78,149	3.8	3.3	5.9	0.320	226	3,509,164	6.4
Thyroid	Total	25	143,719	17.4	18.3	17.0	0.082	871	6,991,075	12.5
Thyroid	Male	-	78,149	-	-	3.8	0.045 <<	190	3,509,164	5.4
Thyroid	Female	25	65,570	38.1	40.0	12.2	0.002 >>	681	3,481,911	19.6
Pediatric Age 0 to 19	Total	7	45,323	15.4	15.6	8.3	0.813	394	2,115,918	18.6
Pediatric Age 0 to 19	Male	4	23,347	17.1	17.3	4.3	1.000	202	1,081,641	18.7
Pediatric Age 0 to 19	Female	3	21,976	13.7	13.8	4.0	0.851	192	1,034,277	18.6

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).
2. Age and sex-adjusted incidence (A.A.I.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.
3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).
4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.
"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Note: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

CANCER MORTALITY 2004-2008
COMPARISON BETWEEN ELMORE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cause of Death Cancer Site/Type	Sex	Elmore County						Remainder of Idaho		
		Observed Deaths	Person Years	Crude Rate (1)	A.A.M. Rate (1,2)	Expected Deaths (3)	P-Value (4)	Observed Deaths	Person Years	Crude Rate (1)
All Causes of Death	Total	796	143,835	553.4	799.9	723.8	0.009 >>	52,023	7,151,765	727.4
All Causes of Death	Male	433	78,262	553.3	800.5	395.8	0.068	26,279	3,591,091	731.8
All Causes of Death	Female	363	65,573	553.6	787.9	333.1	0.110	25,744	3,560,674	723.0
All Malignant Cancers	Total	203	143,835	141.1	200.3	164.0	0.004 >>	11,578	7,151,765	161.9
All Malignant Cancers	Male	118	78,262	150.8	226.2	88.7	0.003 >>	6,104	3,591,091	170.0
All Malignant Cancers	Female	85	65,573	129.6	172.5	75.7	0.314	5,474	3,560,674	153.7
Bladder	Total	4	143,835	2.8	4.2	3.9	1.000	299	7,151,765	4.2
Bladder	Male	4	78,262	5.1	8.2	3.0	0.697	220	3,591,091	6.1
Bladder	Female	-	65,573	-	-	1.0	0.738	79	3,560,674	2.2
Brain and Other Nervous System	Total	8	143,835	5.6	6.8	6.0	0.515	368	7,151,765	5.1
Brain and Other Nervous System	Male	6	78,262	7.7	9.6	3.2	0.207	183	3,591,091	5.1
Brain and Other Nervous System	Female	2	65,573	3.1	3.6	2.9	0.906	185	3,560,674	5.2
Breast	Total	10	143,835	7.0	9.6	11.7	0.752	803	7,151,765	11.2
Breast	Male	-	78,262	-	-	0.1	1.000	4	3,591,091	0.1
Breast	Female	10	65,573	15.3	19.7	11.4	0.835	799	3,560,674	22.4
Cervix	Female	1	65,573	1.5	1.7	1.2	1.000	73	3,560,674	2.1
Colorectal	Total	15	143,835	10.4	15.0	14.2	0.906	1,020	7,151,765	14.3
Colorectal	Male	10	78,262	12.8	19.0	7.2	0.376	489	3,591,091	13.6
Colorectal	Female	5	65,573	7.6	10.6	7.1	0.585	531	3,560,674	14.9
Corpus Uteri	Female	3	65,573	4.6	6.1	1.1	0.187	77	3,560,674	2.2
Esophagus	Total	10	143,835	7.0	9.6	4.5	0.035 >>	309	7,151,765	4.3
Esophagus	Male	9	78,262	11.5	16.6	3.8	0.032 >>	252	3,591,091	7.0
Esophagus	Female	1	65,573	1.5	2.1	0.8	1.000	57	3,560,674	1.6
Hodgkin Lymphoma	Total	-	143,835	-	-	0.5	1.000	29	7,151,765	0.4
Hodgkin Lymphoma	Male	-	78,262	-	-	0.2	1.000	13	3,591,091	0.4
Hodgkin Lymphoma	Female	-	65,573	-	-	0.3	1.000	16	3,560,674	0.4
Kidney	Total	3	143,835	2.1	3.0	3.9	0.894	279	7,151,765	3.9
Kidney	Male	2	78,262	2.6	3.9	2.4	1.000	168	3,591,091	4.7
Kidney	Female	1	65,573	1.5	2.1	1.5	1.000	111	3,560,674	3.1
Larynx	Total	1	143,835	0.7	1.0	0.8	1.000	57	7,151,765	0.8
Larynx	Male	-	78,262	-	-	0.7	1.000	46	3,591,091	1.3
Larynx	Female	1	65,573	1.5	2.0	0.2	0.288	11	3,560,674	0.3
Leukemia	Total	9	143,835	6.3	8.7	7.8	0.754	540	7,151,765	7.6
Leukemia	Male	5	78,262	6.4	9.3	4.4	0.916	296	3,591,091	8.2
Leukemia	Female	4	65,573	6.1	8.2	3.3	0.860	244	3,560,674	6.9
Liver and Bile Duct	Total	7	143,835	4.9	6.7	4.0	0.216	272	7,151,765	3.8
Liver and Bile Duct	Male	4	78,262	5.1	7.4	2.8	0.630	189	3,591,091	5.3
Liver and Bile Duct	Female	3	65,573	4.6	6.0	1.2	0.229	83	3,560,674	2.3
Lung and Bronchus	Total	61	143,835	42.4	60.3	41.0	0.004 >>	2,901	7,151,765	40.6
Lung and Bronchus	Male	32	78,262	40.9	61.7	23.3	0.101	1,616	3,591,091	45.0
Lung and Bronchus	Female	29	65,573	44.2	58.7	17.8	0.018 >>	1,285	3,560,674	36.1
Melanoma of the Skin	Total	3	143,835	2.1	2.7	3.5	1.000	223	7,151,765	3.1
Melanoma of the Skin	Male	3	78,262	3.8	5.1	2.5	0.910	153	3,591,091	4.3
Melanoma of the Skin	Female	-	65,573	-	-	1.0	0.732	70	3,560,674	2.0
Myeloma	Total	4	143,835	2.8	4.1	3.3	0.858	247	7,151,765	3.5
Myeloma	Male	3	78,262	3.8	6.0	2.0	0.636	143	3,591,091	4.0
Myeloma	Female	1	65,573	1.5	2.1	1.4	1.000	104	3,560,674	2.9
Non-Hodgkin Lymphoma	Total	3	143,835	2.1	3.1	6.5	0.222	477	7,151,765	6.7
Non-Hodgkin Lymphoma	Male	1	78,262	1.3	2.0	3.6	0.244	257	3,591,091	7.2
Non-Hodgkin Lymphoma	Female	2	65,573	3.1	4.3	2.9	0.892	220	3,560,674	6.2
Oral Cavity and Pharynx	Total	4	143,835	2.8	3.9	2.6	0.520	180	7,151,765	2.5
Oral Cavity and Pharynx	Male	2	78,262	2.6	3.7	1.8	1.000	119	3,591,091	3.3
Oral Cavity and Pharynx	Female	2	65,573	3.1	4.3	0.8	0.380	61	3,560,674	1.7
Ovary	Female	4	65,573	6.1	8.0	4.5	1.000	324	3,560,674	9.1
Pancreas	Total	23	143,835	16.0	23.1	10.5	0.001 >>	753	7,151,765	10.5
Pancreas	Male	17	78,262	21.7	32.7	5.2	0.000 >>	360	3,591,091	10.0
Pancreas	Female	6	65,573	9.2	12.6	5.3	0.857	393	3,560,674	11.0
Prostate	Male	7	78,262	8.9	15.0	10.0	0.442	770	3,591,091	21.4
Stomach	Total	2	143,835	1.4	2.0	3.1	0.824	213	7,151,765	3.0
Stomach	Male	2	78,262	2.6	3.7	2.0	1.000	131	3,591,091	3.6
Stomach	Female	-	65,573	-	-	1.1	0.657	82	3,560,674	2.3

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted mortality (A.A.M.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Notes: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

Mortality statistics presented differ from BVRHS official statistics due to differences in methodology.

Data Source: Bureau of Vital Records and Health Statistics (BVRHS), Division of Health, Idaho Department of Health and Welfare, 2009.

Cancer Screening and Risk Factors: Behavioral Risk Factor Surveillance System (BRFSS)

The Bureau of Vital Records and Health Statistics (BVRHS), Division of Health, Idaho Department of Health and Welfare, under a cooperative agreement with the Centers for Disease Control and Prevention, has conducted telephone Behavioral Risk Factor Surveys (BRFS) since 1984 of random samples of adult Idahoans to measure population prevalences of risk factors for the major causes of death, including cancer. The BVRHS provided data sets containing BRFSS data from 2000 through 2008 to CDRI staff, who performed the analyses reported in these *County Profiles*. Data were weighted by probability of selection, and poststratified to 2008 Idaho population estimates by age group, sex, and county. Not all questions were asked in all years. Beginning in 2005, the BRFS was offered in both Spanish and English. A minimum of 30 respondents was required to generate county-level statistics. The cancer screening and risk factor measures were selected to assist in monitoring *Comprehensive Cancer Alliance for Idaho* objectives.

BRFSS: Cancer Screening and Risk Factor Prevalence Estimates, 2000-2008

	State of Idaho	HD 1	HD 2	HD 3	HD 4	HD 5	HD 6	HD 7	Elmore County
Access to Care									
No Health Insurance, Age <65	19.5%	22.5%	19.6%	24.3%	15.2%	24.7%	16.3%	18.0%	13.6%
Cancer Screening									
Mammogram Past 2 Years, Age 50+	71.8%	71.5%	71.7%	66.7%	78.3%	68.8%	70.9%	67.9%	73.8%
Mammogram and CBE Past 2 Years, Age 40+	62.5%	62.5%	62.4%	58.8%	69.9%	59.1%	58.8%	56.8%	68.0%
Pap Test Past 3 Years, Cervix Intact	80.7%	82.0%	80.6%	81.5%	85.9%	77.2%	77.5%	72.1%	88.5%
Sigmoidoscopy/Colonoscopy Past 5 Years, Age 50+	41.9%	40.4%	47.2%	36.9%	48.4%	39.1%	36.6%	39.0%	52.8%
Prostate-Specific Antigen Test Past 2 Years, Age 50+	64.9%	60.6%	62.6%	62.1%	71.3%	66.9%	62.2%	62.3%	79.7%
Tobacco Use									
Current Smoker	18.8%	21.8%	18.8%	20.7%	18.4%	20.8%	17.0%	13.0%	21.9%
Current Smokeless Tobacco User	4.4%	5.4%	5.6%	4.6%	4.2%	4.8%	3.7%	3.2%	7.6%
Other Cancer-Related									
Sufficient Moderate/Vigorous Physical Activity	58.8%	57.9%	58.9%	55.0%	60.8%	57.9%	58.3%	61.1%	59.4%
Eat 5+ Servings Fruits & Veggies / Day	21.6%	22.0%	22.4%	19.2%	23.0%	22.8%	20.7%	20.4%	19.6%
Neither Obese Nor Overweight (BMI<25.0)	40.1%	39.0%	39.6%	36.4%	42.9%	39.9%	39.0%	41.3%	37.1%
Sunburn in Previous 12 Months	47.3%	45.1%	46.1%	42.1%	47.7%	46.7%	50.0%	54.4%	40.8%
BRFSS Respondents	45,701	6,622	6,523	6,475	6,593	6,514	6,509	6,465	474

Access to Care

Health Insurance – 2000 to 2008

Statewide, 19.5% of adults aged 18-64 reported having no health care coverage. Health care coverage differed significantly by race/ethnicity, with 17.8% of white non-Hispanics, compared to 41.2% of Hispanics and 32.8% of Native Americans, lacking health insurance. Spanish-speaking respondents were significantly more likely to be uninsured (78.6%) than English-speaking respondents (18.6%). Health care coverage differed significantly by age of respondent, with 30.5% of persons aged 18-24, and 13.0% of persons aged 55-64, lacking health insurance. Health care coverage differed significantly by county, with a range of 11.7% (Oneida County) to 35.2% (Owyhee County) lacking health insurance. Counties with higher proportions of uninsured had significantly higher rates of invasive cancer.

Cancer Screening

Mammogram – 2000, 2002, 2004, 2006-2008

Statewide, 71.8% of women aged 50 and older reported having a mammogram in the past 2 years. Mammography rates differed significantly by county, with a range in screening of 50.2% (Butte County) to 85.8% (Teton County). In 2008, Idaho had the 6th lowest mammography screening rate among states for women aged 50 and older.

Mammogram and CBE – 2000, 2002, 2004, 2006, 2008

Statewide, 62.5% of women aged 40 and older reported having a mammogram and clinical breast exam (CBE) in the past 2 years. Screening rates differed significantly by age of

respondent, with 69.3% of women aged 55-64, but only 50.4% of women aged 40-44, being screened. Mammogram/CBE utilization differed significantly by county, with a range in screening of 42.6% (Butte) to 70.8% (Blaine County).

Pap Test – 2000, 2002, 2004, 2006, 2008

Statewide, 80.7% of women aged 18 and older (with intact cervix) reported having a Pap test in the past 3 years. Pap screening differed significantly by age of respondent, with 89.5% of women aged 25-34, but only 62.8% of women aged 65 and older, screened in the past 3 years. Pap screening did not differ significantly by race/ethnicity. Pap screening decreased significantly from 84.1% in 2000 to 77.8% in 2008. Pap screening differed significantly by county, with a range of 58.8% (Madison County) to 90.1% (Blaine County). In 2008, Idaho had the third lowest Pap screening rate among states.

Sigmoidoscopy/Colonoscopy – 2001-2002, 2004, 2006-2008

Statewide, 41.9% of adults aged 50 and older reported having a sigmoidoscopy or colonoscopy within the past 5 years. This type of colorectal cancer screening differed significantly by age of respondent, with 26.6% of persons aged 50-54, and 50.9% of persons aged 65 and older being screened. Males (43.4%) were more likely to have been screened than females (40.5%). Persons with health insurance were almost three times more likely to be screened. There was a significant trend by year of survey, from 33.0% in 2001 to 47.1% in 2008. Screening differed significantly by county, with a range of 22.4% (Gem County) to 55.4% (Nez Perce County). In 2008, Idaho ranked 46th among states in the percentage of adults aged 50 and older who reported ever having a sigmoidoscopy or colonoscopy.

Cancer Screening and Risk Factors: Behavioral Risk Factor Surveillance System (BRFSS)

Prostate-Specific Antigen (PSA) Test – 2001-2002, 2004, 2006, 2008

Statewide, 64.9% of males aged 50 and older reported having a PSA test in the past 2 years to screen for prostate cancer. PSA test utilization differed significantly by age of respondent, with 48.3% of males aged 50-54 and 73.0% of males aged 65 and older screened in the past 2 years. PSA test utilization differed significantly by race/ethnicity, with 65.4% of white non-Hispanics, compared to 50.9% of Hispanics and 50.6% of Native Americans, screened in the past 2 years. In 2008, Idaho ranked 35th among states (1st = highest) in the proportion of males aged 40+ who had a PSA test within the past two years.

Tobacco Use

Current Smoking – 2000 to 2008

Statewide, 18.8% of adults aged 18 and older were current smokers. Smoking prevalence differed significantly by age of respondent, with 22.8% of persons aged 18-24, and 9.0% of persons aged 65 and older reporting current smoking. About twenty percent of males (20.1%) and 17.4% of females were current smokers, and smoking prevalence was lower among white non-Hispanics (18.3%) than among Native Americans (37.8%). There was a significant trend by year of survey, with lower smoking rates in more recent years. Smoking prevalence differed significantly by county, with a range of 3.7% (Madison County) to 26.1% (Shoshone County). Counties with higher rates of current smoking had significantly higher rates of lung cancer.

Smokeless Tobacco Use – 2000-2001, 2003-2006

Statewide, 4.4% of adults aged 18 and older were current users of smokeless tobacco. Smokeless tobacco use differed significantly by race/ethnicity, ranging from 2.1% among Hispanics to 8.5% among Native Americans. Smokeless tobacco use differed significantly by age group, ranging from 6.9% of persons aged 25-34 to 1.4% of persons aged 65 and older. Almost nine percent of males (8.6%) and 0.2% of females were current users of smokeless tobacco. There was no significant trend by year of survey. Smokeless tobacco use differed significantly by county, with a range of 0.7% (Madison County) to 20.1% (Camas County).

Other Cancer-Related

Physical Activity – 2001, 2003, 2005

Statewide, 58.8% of adults aged 18 and older exercised the recommended amount (30 minutes or more per day of moderate physical activity on 5 or more days per week or 20 minutes or more of vigorous physical activity on 3 or more days per week). White non-Hispanics (59.3%) were more likely to exercise the recommended amount than Hispanics (51.2%). Physical activity differed significantly by age of respondent, with 67.9% of persons aged 18-24, but only 47.4% of persons aged 65+, exercising the recommended amount. Males (61.4%) were significantly more likely to exercise the recommended amount than females (56.2%). Physical activity differed significantly by county, with a range of 49.1% (Idaho County) to 81.6% (Valley County) exercising the recommended amount.

Fruit & Vegetable Consumption – 2000, 2002-2003, 2005, 2007 Statewide, 21.6% of adults aged 18 and older reported eating 5 or more servings of fruits and vegetables per day. Fruit and vegetable consumption differed significantly by race/ethnicity, with 19.2% of Hispanics and 33.4% of Native Americans eating 5 or more servings per day. Males (16.4%) were significantly less likely to eat 5-a-day than females (26.9%). 5-a-day consumption differed significantly by age of respondent, with 17.7% of persons aged 18-24, and 30.9% of persons aged 65+ eating 5-a-day. 5-a-day consumption differed significantly by county, with a range of 14.8% (Owyhee County) to 30.7% (Camas County).

Body Mass Index – 2000 to 2008

Statewide, 40.1% of adults aged 18 and older were neither obese nor overweight as measured by body mass index (BMI <25). BMI differed significantly by race/ethnicity, with 40.4% of white non-Hispanics, compared to 35.6% of Hispanics and 32.0% of Native Americans, being neither obese nor overweight. Males (32.1%) were significantly less likely to have the recommended BMI than females (48.6%). BMI differed significantly by age of respondent, with 63.1% of persons aged 18-24, and 29.3% of persons aged 55-64, being neither obese nor overweight. BMI increased at a dramatic rate in Idaho, with 46.2% of adults in 2000 compared to 35.9% in 2008 being neither obese nor overweight. BMI differed significantly by county, with a range of 30.8% (Lewis County) to 57.7% (Blaine County) being neither obese nor overweight. Counties with higher rates of recommended BMI (neither obese nor overweight) had significantly lower rates of colorectal cancer.

Sun Exposure – 2003-2004, 2008

Statewide, 47.3% of adults aged 18 and older reported having sunburn in the past 12 months. Sunburn rates were higher for white non-Hispanics (48.8%) than for Hispanics (30.4%) or Native Americans (44.9%). Males (52.3%) were significantly more likely than females (42.5%) to have had sunburn in the past 12 months. Sunburn rates differed significantly by age group, with 69.3% of persons aged 18-24 and 13.8% of persons aged 65 and older having sunburn in the past 12 months. Sunburn rates differed significantly by county, with a range of 23.7% (Butte County) to 65.0% (Teton County) having sunburn in the past 12 months.

