

WASHINGTON COUNTY CANCER PROFILE

*A fact sheet from the Cancer Data Registry
of Idaho, Idaho Hospital Association.*

**Cancer Incidence 2003-2007
Cancer Mortality 2004-2008
BRFSS 2000-2008**

CANCER

Cancer is a group of more than 100 different diseases, each characterized by uncontrolled growth and spread of abnormal cells. Cancer risk increases with age, and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

It is generally accepted that 65-80% of all cancers are related to personal lifestyle or environmental factors, such as smoking and diet, and are therefore preventable. Other factors such as age, gender, and family history of specific cancers are also associated with cancer and aid in the identification of people at high risk.

For some cancers, effective treatment is available. For these cancers, early detection saves lives. For example, early detection of breast cancer in women 50 years of age and older has decreased breast cancer mortality by 30%. These patterns indicate opportunities for disease control and for reducing the number of cancer deaths through prevention, early detection, and treatment of the disease. Access to detection services is a key consideration.

RISK FACTORS AND INTERVENTIONS

Aging:

Because the population is aging, the number of new cancer cases and cancer deaths that occur each year will continue to increase unless the trend is reversed by significant improvements in prevention, early detection, and treatment.

Smoking:

Smoking and the use of smokeless tobacco are responsible for the majority of all cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States.

Diet:

The U.S. Department of Agriculture recommends the following dietary guidelines for managing a healthy diet: eat a variety of foods; maintain a healthy weight; choose a diet low in total fat with plenty of fruits, vegetables, and grain products; limit the use of sugar, salt, and sodium; and minimize alcoholic beverage consumption.

Screening:

Early detection is extremely important for those cancers that can be cured and which can be discovered early. Breast cancer is a good example of this, as stage at diagnosis is the strongest predictor for survival from breast cancer.

FOR MORE INFORMATION

Cancer Data Registry of Idaho
615 N. 7th Street
P.O. Box 1278
Boise, ID 83701
208-338-5100 Ext. 213
<http://www.idcancer.org>

National Cancer Institute
Cancer Information Services
1-800-4CANCER
<http://cis.nci.nih.gov>

American Cancer Society
2676 South Vista Avenue
Boise, ID 83705
208-343-4609
<http://www.cancer.org>

CANCER INCIDENCE 2003-2007

During the five-year period 2003-2007, 31,924 cases of invasive cancer were diagnosed among residents of the state of Idaho, 322 among Washington County residents. It is estimated that almost one in two Idahoans will develop cancer during their lifetime.

Cancer Incidence 2003-2007	Washington County	State of Idaho
All Sites/Types	322	31,924
Prostate	56	5,357
Female Breast	34	4,219
Lung & Bronchus	51	3,906
Colorectal	40	2,935

The table, *CANCER INCIDENCE 2003-2007, COMPARISON BETWEEN WASHINGTON COUNTY AND THE REMAINDER OF THE STATE OF IDAHO*, shows for Washington County the number of observed cases, person-years, crude rates, age and sex-adjusted rates, expected number of cases based upon age and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected cases. The table also shows the number of observed cases, person-years, and crude rates for the remainder of the state of

Idaho. Comparisons were made for all cancers combined, 23 invasive cancer types, in situ breast cancer, non-malignant brain and other central nervous system tumors and pediatric cancer. Separate comparisons for males, females, and both sexes combined are included.

As the table shows, the crude rate of invasive cancer incidence in Washington County was 645.1 cases per 100,000 person-years for the years 2003-2007. Compared with the crude incidence rate for the remainder of Idaho (446.0), this gives an estimate of the burden of disease in Washington County.

The age- and sex-adjusted incidence rate of invasive cancer in Washington County, all sites combined, was 459.0 cases per 100,000 persons per year for the years 2003-2007. There were more cases of cancer in Washington County (322) than expected (312.9) based upon rates in the remainder of the state, but the difference was not statistically significant.

There are many reasons why cancer incidence rates differ by county, related to smoking, other personal behaviors, socioeconomic status, and other factors.

CANCER MORTALITY 2004-2008

Cancer is the second leading cause of deaths in Idaho and in the United States. From 2004-2008, 11,781 persons in Idaho died from cancer, 144 in Washington County. The majority of cancer deaths are from four primary sites: lung, colon, female breast, and prostate.

Mortality 2004-2008	Washington County	State of Idaho
All Deaths	605	52,819
Cancer Deaths % of All Deaths	144 23.8%	11,781 22.3%
Lung & Bronchus	40	2,962
Colorectal	16	1,035
Female Breast	12	809
Prostate	13	777

The table, *CANCER MORTALITY 2004-2008, COMPARISON BETWEEN WASHINGTON COUNTY AND THE REMAINDER OF THE STATE OF IDAHO*, shows for Washington County the number of observed deaths, person-years, crude rates, age and sex-adjusted rates, expected number of deaths based upon age and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected deaths. The table also shows the number of observed deaths, person-years, and crude rates for the remainder of the state of Idaho. Comparisons were made for all deaths, all cancer deaths, and 21 specific cancer types. Separate comparisons for males, females, and both sexes combined are included.

The age- and sex-adjusted cancer mortality rate for Washington County, all sites combined, was 186.0 deaths per 100,000 persons per year for the years 2004-2008, compared with 160.6 for the remainder of the state. There were more cancer deaths in Washington County (144) than expected (124.4) based upon rates in the remainder of the state, but the difference was not statistically significant.

Statistical Note: Rates and percentages based upon 12 or fewer cases or deaths (numerator) should be interpreted with caution.

Data Note: Mortality data may differ slightly from published official statistics from the Bureau of Vital Records and Health Statistics.

CANCER INCIDENCE 2003-2007
COMPARISON BETWEEN WASHINGTON COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cancer Site/Type	Sex	Washington County						Remainder of Idaho		
		Observed Cases	Person Years	Crude Rate (1)	A.A.I. Rate (1,2)	Expected Cases (3)	P-Value (4)	Observed Cases	Person Years	Crude Rate (1)
All Sites Combined	Total	322	49,916	645.1	459.0	312.9	0.622	31,602	7,084,878	446.0
All Sites Combined	Male	170	24,499	693.9	478.9	169.5	0.991	17,014	3,562,814	477.5
All Sites Combined	Female	152	25,417	598.0	440.0	143.1	0.476	14,588	3,522,064	414.2
Bladder	Total	17	49,916	34.1	22.2	15.4	0.742	1,423	7,084,878	20.1
Bladder	Male	11	24,499	44.9	29.0	11.6	1.000	1,092	3,562,814	30.6
Bladder	Female	6	25,417	23.6	15.5	3.6	0.324	331	3,522,064	9.4
Brain - malignant	Total	5	49,916	10.0	8.4	4.1	0.788	488	7,084,878	6.9
Brain - malignant	Male	3	24,499	12.2	10.4	2.1	0.708	262	3,562,814	7.4
Brain - malignant	Female	2	25,417	7.9	6.4	2.0	1.000	226	3,522,064	6.4
Brain and other CNS - non-malignant	Total	5	49,916	10.0	7.7	5.6	1.000	610	7,084,878	8.6
Brain and other CNS - non-malignant	Male	1	24,499	4.1	3.2	1.5	1.000	175	3,562,814	4.9
Brain and other CNS - non-malignant	Female	4	25,417	15.7	12.0	4.1	1.000	435	3,522,064	12.4
Breast	Total	34	49,916	68.1	51.2	39.7	0.410	4,240	7,084,878	59.8
Breast	Male	-	24,499	-	-	0.6	1.000	55	3,562,814	1.5
Breast	Female	34	25,417	133.8	101.9	39.7	0.418	4,185	3,522,064	118.8
Breast - in situ	Total	6	49,916	12.0	9.5	7.6	0.721	858	7,084,878	12.1
Breast - in situ	Male	-	24,499	-	-	0.0	1.000	4	3,562,814	0.1
Breast - in situ	Female	6	25,417	23.6	18.9	7.7	0.706	854	3,522,064	24.2
Cervix	Female	-	25,417	-	-	1.7	0.351	223	3,522,064	6.3
Colorectal	Total	40	49,916	80.1	54.2	30.2	0.100	2,895	7,084,878	40.9
Colorectal	Male	23	24,499	93.9	63.3	15.2	0.074	1,491	3,562,814	41.8
Colorectal	Female	17	25,417	66.9	45.3	15.0	0.666	1,404	3,522,064	39.9
Corpus Uteri	Female	10	25,417	39.3	29.7	7.3	0.407	766	3,522,064	21.7
Esophagus	Total	5	49,916	10.0	7.0	3.3	0.482	331	7,084,878	4.7
Esophagus	Male	4	24,499	16.3	11.4	2.7	0.577	275	3,562,814	7.7
Esophagus	Female	1	25,417	3.9	2.7	0.6	0.886	56	3,522,064	1.6
Hodgkin Lymphoma	Total	1	49,916	2.0	2.0	1.4	1.000	189	7,084,878	2.7
Hodgkin Lymphoma	Male	-	24,499	-	-	0.6	1.000	90	3,562,814	2.5
Hodgkin Lymphoma	Female	1	25,417	3.9	3.9	0.7	1.000	99	3,522,064	2.8
Kidney and Renal Pelvis	Total	13	49,916	26.0	19.1	9.1	0.269	951	7,084,878	13.4
Kidney and Renal Pelvis	Male	6	24,499	24.5	18.0	5.6	0.974	598	3,562,814	16.8
Kidney and Renal Pelvis	Female	7	25,417	27.5	20.0	3.5	0.132	353	3,522,064	10.0
Larynx	Total	1	49,916	2.0	1.4	2.1	0.766	213	7,084,878	3.0
Larynx	Male	-	24,499	-	-	1.6	0.387	169	3,562,814	4.7
Larynx	Female	1	25,417	3.9	2.9	0.4	0.704	44	3,522,064	1.2
Leukemia	Total	14	49,916	28.0	20.1	9.7	0.225	985	7,084,878	13.9
Leukemia	Male	7	24,499	28.6	20.2	5.6	0.667	578	3,562,814	16.2
Leukemia	Female	7	25,417	27.5	20.1	4.0	0.225	407	3,522,064	11.6
Liver and Bile Duct	Total	1	49,916	2.0	1.5	2.7	0.498	278	7,084,878	3.9
Liver and Bile Duct	Male	1	24,499	4.1	3.0	1.8	0.932	193	3,562,814	5.4
Liver and Bile Duct	Female	-	25,417	-	-	0.9	0.822	85	3,522,064	2.4
Lung and Bronchus	Total	51	49,916	102.2	67.5	41.1	0.150	3,855	7,084,878	54.4
Lung and Bronchus	Male	23	24,499	93.9	60.8	22.3	0.931	2,097	3,562,814	58.9
Lung and Bronchus	Female	28	25,417	110.2	74.4	18.8	0.055	1,758	3,522,064	49.9
Melanoma of the Skin	Total	9	49,916	18.0	14.3	14.9	0.149	1,672	7,084,878	23.6
Melanoma of the Skin	Male	6	24,499	24.5	18.4	8.9	0.425	979	3,562,814	27.5
Melanoma of the Skin	Female	3	25,417	11.8	10.0	5.9	0.319	693	3,522,064	19.7
Myeloma	Total	2	49,916	4.0	2.7	3.8	0.547	363	7,084,878	5.1
Myeloma	Male	-	24,499	-	-	2.3	0.202	225	3,562,814	6.3
Myeloma	Female	2	25,417	7.9	5.4	1.5	0.854	138	3,522,064	3.9
Non-Hodgkin Lymphoma	Total	16	49,916	32.1	22.4	13.2	0.509	1,307	7,084,878	18.4
Non-Hodgkin Lymphoma	Male	6	24,499	24.5	17.2	6.8	0.974	690	3,562,814	19.4
Non-Hodgkin Lymphoma	Female	10	25,417	39.3	27.2	6.4	0.235	617	3,522,064	17.5
Oral Cavity and Pharynx	Total	8	49,916	16.0	12.0	7.2	0.854	761	7,084,878	10.7
Oral Cavity and Pharynx	Male	6	24,499	24.5	18.4	5.0	0.781	550	3,562,814	15.4
Oral Cavity and Pharynx	Female	2	25,417	7.9	5.7	2.1	1.000	211	3,522,064	6.0
Ovary	Female	1	25,417	3.9	2.9	4.6	0.109	470	3,522,064	13.3
Pancreas	Total	9	49,916	18.0	12.0	8.6	0.979	813	7,084,878	11.5
Pancreas	Male	4	24,499	16.3	11.0	4.2	1.000	416	3,562,814	11.7
Pancreas	Female	5	25,417	19.7	12.9	4.4	0.886	397	3,522,064	11.3
Prostate	Male	56	24,499	228.6	153.2	54.4	0.862	5,301	3,562,814	148.8
Stomach	Total	4	49,916	8.0	5.5	3.6	0.967	348	7,084,878	4.9
Stomach	Male	2	24,499	8.2	5.5	2.4	1.000	240	3,562,814	6.7
Stomach	Female	2	25,417	7.9	5.4	1.1	0.624	108	3,522,064	3.1
Testis	Male	-	24,499	-	-	1.4	0.502	229	3,562,814	6.4
Thyroid	Total	1	49,916	2.0	1.9	6.7	0.019 <<	895	7,084,878	12.6
Thyroid	Male	1	24,499	4.1	3.6	1.5	1.000	189	3,562,814	5.3
Thyroid	Female	-	25,417	-	-	5.3	0.010 <<	706	3,522,064	20.0
Pediatric Age 0 to 19	Total	5	13,778	36.3	36.9	2.5	0.217	396	2,147,463	18.4
Pediatric Age 0 to 19	Male	2	7,104	28.2	28.6	1.3	0.745	204	1,097,884	18.6
Pediatric Age 0 to 19	Female	3	6,674	45.0	45.7	1.2	0.241	192	1,049,579	18.3

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).
2. Age and sex-adjusted incidence (A.A.I.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.
3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).
4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.
"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Note: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

CANCER MORTALITY 2004-2008
COMPARISON BETWEEN WASHINGTON COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cause of Death Cancer Site/Type	Sex	Washington County						Remainder of Idaho		
		Observed Deaths	Person Years	Crude Rate (1)	A.A.M. Rate (1,2)	Expected Deaths (3)	P-Value (4)	Observed Deaths	Person Years	Crude Rate (1)
All Causes of Death	Total	605	50,241	1,204.2	764.8	570.1	0.152	52,214	7,245,359	720.7
All Causes of Death	Male	297	24,654	1,204.7	797.2	270.0	0.110	26,415	3,644,699	724.8
All Causes of Death	Female	308	25,587	1,203.7	736.8	299.5	0.640	25,799	3,600,660	716.5
All Malignant Cancers	Total	144	50,241	286.6	186.0	124.4	0.091	11,637	7,245,359	160.6
All Malignant Cancers	Male	75	24,654	304.2	196.1	64.5	0.217	6,147	3,644,699	168.7
All Malignant Cancers	Female	69	25,587	269.7	176.8	59.5	0.246	5,490	3,600,660	152.5
Bladder	Total	3	50,241	6.0	3.6	3.5	1.000	300	7,245,359	4.1
Bladder	Male	1	24,654	4.1	2.4	2.5	0.572	223	3,644,699	6.1
Bladder	Female	2	25,587	7.8	4.6	0.9	0.480	77	3,600,660	2.1
Brain and Other Nervous System	Total	4	50,241	8.0	6.1	3.3	0.859	372	7,245,359	5.1
Brain and Other Nervous System	Male	2	24,654	8.1	6.4	1.6	0.956	187	3,644,699	5.1
Brain and Other Nervous System	Female	2	25,587	7.8	5.9	1.7	1.000	185	3,600,660	5.1
Breast	Total	12	50,241	23.9	16.2	8.2	0.253	801	7,245,359	11.1
Breast	Male	-	24,654	-	-	0.0	1.000	4	3,644,699	0.1
Breast	Female	12	25,587	46.9	32.1	8.3	0.266	797	3,600,660	22.1
Cervix	Female	-	25,587	-	-	0.6	1.000	74	3,600,660	2.1
Colorectal	Total	16	50,241	31.8	20.4	11.1	0.191	1,019	7,245,359	14.1
Colorectal	Male	11	24,654	44.6	29.0	5.1	0.030 >>	488	3,644,699	13.4
Colorectal	Female	5	25,587	19.5	12.3	6.0	0.894	531	3,600,660	14.7
Corpus Uteri	Female	1	25,587	3.9	2.6	0.9	1.000	79	3,600,660	2.2
Esophagus	Total	5	50,241	10.0	6.8	3.2	0.434	314	7,245,359	4.3
Esophagus	Male	4	24,654	16.2	11.1	2.5	0.502	257	3,644,699	7.1
Esophagus	Female	1	25,587	3.9	2.6	0.6	0.922	57	3,600,660	1.6
Hodgkin Lymphoma	Total	-	50,241	-	-	0.3	1.000	29	7,245,359	0.4
Hodgkin Lymphoma	Male	-	24,654	-	-	0.1	1.000	13	3,644,699	0.4
Hodgkin Lymphoma	Female	-	25,587	-	-	0.1	1.000	16	3,600,660	0.4
Kidney	Total	5	50,241	10.0	6.6	2.9	0.331	277	7,245,359	3.8
Kidney	Male	3	24,654	12.2	8.1	1.7	0.479	167	3,644,699	4.6
Kidney	Female	2	25,587	7.8	5.2	1.2	0.664	110	3,600,660	3.1
Larynx	Total	-	50,241	-	-	0.6	1.000	58	7,245,359	0.8
Larynx	Male	-	24,654	-	-	0.5	1.000	46	3,644,699	1.3
Larynx	Female	-	25,587	-	-	0.1	1.000	12	3,600,660	0.3
Leukemia	Total	4	50,241	8.0	5.1	5.9	0.610	545	7,245,359	7.5
Leukemia	Male	2	24,654	8.1	5.2	3.2	0.780	299	3,644,699	8.2
Leukemia	Female	2	25,587	7.8	5.1	2.7	0.985	246	3,600,660	6.8
Liver and Bile Duct	Total	1	50,241	2.0	1.4	2.8	0.467	278	7,245,359	3.8
Liver and Bile Duct	Male	1	24,654	4.1	2.8	1.8	0.896	192	3,644,699	5.3
Liver and Bile Duct	Female	-	25,587	-	-	0.9	0.799	86	3,600,660	2.4
Lung and Bronchus	Total	40	50,241	79.6	51.0	31.6	0.168	2,922	7,245,359	40.3
Lung and Bronchus	Male	19	24,654	77.1	48.9	17.4	0.760	1,629	3,644,699	44.7
Lung and Bronchus	Female	21	25,587	82.1	53.4	14.1	0.104	1,293	3,600,660	35.9
Melanoma of the Skin	Total	2	50,241	4.0	2.8	2.2	1.000	224	7,245,359	3.1
Melanoma of the Skin	Male	2	24,654	8.1	5.6	1.5	0.882	154	3,644,699	4.2
Melanoma of the Skin	Female	-	25,587	-	-	0.7	0.964	70	3,600,660	1.9
Myeloma	Total	-	50,241	-	-	2.8	0.125	251	7,245,359	3.5
Myeloma	Male	-	24,654	-	-	1.6	0.411	146	3,644,699	4.0
Myeloma	Female	-	25,587	-	-	1.2	0.622	105	3,600,660	2.9
Non-Hodgkin Lymphoma	Total	6	50,241	11.9	7.5	5.2	0.844	474	7,245,359	6.5
Non-Hodgkin Lymphoma	Male	4	24,654	16.2	10.4	2.7	0.563	254	3,644,699	7.0
Non-Hodgkin Lymphoma	Female	2	25,587	7.8	4.9	2.5	1.000	220	3,600,660	6.1
Oral Cavity and Pharynx	Total	-	50,241	-	-	1.9	0.296	184	7,245,359	2.5
Oral Cavity and Pharynx	Male	-	24,654	-	-	1.2	0.617	121	3,644,699	3.3
Oral Cavity and Pharynx	Female	-	25,587	-	-	0.7	0.958	63	3,600,660	1.7
Ovary	Female	3	25,587	11.7	7.8	3.5	1.000	325	3,600,660	9.0
Pancreas	Total	11	50,241	21.9	14.1	8.2	0.411	765	7,245,359	10.6
Pancreas	Male	4	24,654	16.2	10.7	3.8	1.000	373	3,644,699	10.2
Pancreas	Female	7	25,587	27.4	17.4	4.4	0.309	392	3,600,660	10.9
Prostate	Male	13	24,654	52.7	30.9	8.8	0.222	764	3,644,699	21.0
Stomach	Total	5	50,241	10.0	6.5	2.2	0.154	210	7,245,359	2.9
Stomach	Male	3	24,654	12.2	8.0	1.3	0.301	130	3,644,699	3.6
Stomach	Female	2	25,587	7.8	5.0	0.9	0.448	80	3,600,660	2.2

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted mortality (A.A.M.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Notes: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

Mortality statistics presented differ from BVRHS official statistics due to differences in methodology.

Data Source: Bureau of Vital Records and Health Statistics (BVRHS), Division of Health, Idaho Department of Health and Welfare, 2009.

Cancer Screening and Risk Factors: Behavioral Risk Factor Surveillance System (BRFSS)

The Bureau of Vital Records and Health Statistics (BVRHS), Division of Health, Idaho Department of Health and Welfare, under a cooperative agreement with the Centers for Disease Control and Prevention, has conducted telephone Behavioral Risk Factor Surveys (BRFS) since 1984 of random samples of adult Idahoans to measure population prevalences of risk factors for the major causes of death, including cancer. The BVRHS provided data sets containing BRFSS data from 2000 through 2008 to CDRI staff, who performed the analyses reported in these *County Profiles*. Data were weighted by probability of selection, and poststratified to 2008 Idaho population estimates by age group, sex, and county. Not all questions were asked in all years. Beginning in 2005, the BRFS was offered in both Spanish and English. A minimum of 30 respondents was required to generate county-level statistics. The cancer screening and risk factor measures were selected to assist in monitoring *Comprehensive Cancer Alliance for Idaho* objectives.

BRFSS: Cancer Screening and Risk Factor Prevalence Estimates, 2000-2008

	State of Idaho	HD 1	HD 2	HD 3	HD 4	HD 5	HD 6	HD 7	Washington County
Access to Care									
No Health Insurance, Age <65	19.5%	22.5%	19.6%	24.3%	15.2%	24.7%	16.3%	18.0%	27.2%
Cancer Screening									
Mammogram Past 2 Years, Age 50+	71.8%	71.5%	71.7%	66.7%	78.3%	68.8%	70.9%	67.9%	55.7%
Mammogram and CBE Past 2 Years, Age 40+	62.5%	62.5%	62.4%	58.8%	69.9%	59.1%	58.8%	56.8%	44.1%
Pap Test Past 3 Years, Cervix Intact	80.7%	82.0%	80.6%	81.5%	85.9%	77.2%	77.5%	72.1%	67.2%
Sigmoidoscopy/Colonoscopy Past 5 Years, Age 50+	41.9%	40.4%	47.2%	36.9%	48.4%	39.1%	36.6%	39.0%	34.2%
Prostate-Specific Antigen Test Past 2 Years, Age 50+	64.9%	60.6%	62.6%	62.1%	71.3%	66.9%	62.2%	62.3%	54.6%
Tobacco Use									
Current Smoker	18.8%	21.8%	18.8%	20.7%	18.4%	20.8%	17.0%	13.0%	20.5%
Current Smokeless Tobacco User	4.4%	5.4%	5.6%	4.6%	4.2%	4.8%	3.7%	3.2%	6.0%
Other Cancer-Related									
Sufficient Moderate/Vigorous Physical Activity	58.8%	57.9%	58.9%	55.0%	60.8%	57.9%	58.3%	61.1%	51.4%
Eat 5+ Servings Fruits & Veggies / Day	21.6%	22.0%	22.4%	19.2%	23.0%	22.8%	20.7%	20.4%	24.0%
Neither Obese Nor Overweight (BMI<25.0)	40.1%	39.0%	39.6%	36.4%	42.9%	39.9%	39.0%	41.3%	32.5%
Sunburn in Previous 12 Months	47.3%	45.1%	46.1%	42.1%	47.7%	46.7%	50.0%	54.4%	31.4%
BRFSS Respondents	45,701	6,622	6,523	6,475	6,593	6,514	6,509	6,465	380

Access to Care

Health Insurance – 2000 to 2008

Statewide, 19.5% of adults aged 18-64 reported having no health care coverage. Health care coverage differed significantly by race/ethnicity, with 17.8% of white non-Hispanics, compared to 41.2% of Hispanics and 32.8% of Native Americans, lacking health insurance. Spanish-speaking respondents were significantly more likely to be uninsured (78.6%) than English-speaking respondents (18.6%). Health care coverage differed significantly by age of respondent, with 30.5% of persons aged 18-24, and 13.0% of persons aged 55-64, lacking health insurance. Health care coverage differed significantly by county, with a range of 11.7% (Oneida County) to 35.2% (Owyhee County) lacking health insurance. Counties with higher proportions of uninsured had significantly higher rates of invasive cancer.

Cancer Screening

Mammogram – 2000, 2002, 2004, 2006-2008

Statewide, 71.8% of women aged 50 and older reported having a mammogram in the past 2 years. Mammography rates differed significantly by county, with a range in screening of 50.2% (Butte County) to 85.8% (Teton County). In 2008, Idaho had the 6th lowest mammography screening rate among states for women aged 50 and older.

Mammogram and CBE – 2000, 2002, 2004, 2006, 2008

Statewide, 62.5% of women aged 40 and older reported having a mammogram and clinical breast exam (CBE) in the past 2 years. Screening rates differed significantly by age of

respondent, with 69.3% of women aged 55-64, but only 50.4% of women aged 40-44, being screened. Mammogram/CBE utilization differed significantly by county, with a range in screening of 42.6% (Butte) to 70.8% (Blaine County).

Pap Test – 2000, 2002, 2004, 2006, 2008

Statewide, 80.7% of women aged 18 and older (with intact cervix) reported having a Pap test in the past 3 years. Pap screening differed significantly by age of respondent, with 89.5% of women aged 25-34, but only 62.8% of women aged 65 and older, screened in the past 3 years. Pap screening did not differ significantly by race/ethnicity. Pap screening decreased significantly from 84.1% in 2000 to 77.8% in 2008. Pap screening differed significantly by county, with a range of 58.8% (Madison County) to 90.1% (Blaine County). In 2008, Idaho had the third lowest Pap screening rate among states.

Sigmoidoscopy/Colonoscopy – 2001-2002, 2004, 2006-2008

Statewide, 41.9% of adults aged 50 and older reported having a sigmoidoscopy or colonoscopy within the past 5 years. This type of colorectal cancer screening differed significantly by age of respondent, with 26.6% of persons aged 50-54, and 50.9% of persons aged 65 and older being screened. Males (43.4%) were more likely to have been screened than females (40.5%). Persons with health insurance were almost three times more likely to be screened. There was a significant trend by year of survey, from 33.0% in 2001 to 47.1% in 2008. Screening differed significantly by county, with a range of 22.4% (Gem County) to 55.4% (Nez Perce County). In 2008, Idaho ranked 46th among states in the percentage of adults aged 50 and older who reported ever having a sigmoidoscopy or colonoscopy.

Cancer Screening and Risk Factors: Behavioral Risk Factor Surveillance System (BRFSS)

Prostate-Specific Antigen (PSA) Test – 2001-2002, 2004, 2006, 2008

Statewide, 64.9% of males aged 50 and older reported having a PSA test in the past 2 years to screen for prostate cancer. PSA test utilization differed significantly by age of respondent, with 48.3% of males aged 50-54 and 73.0% of males aged 65 and older screened in the past 2 years. PSA test utilization differed significantly by race/ethnicity, with 65.4% of white non-Hispanics, compared to 50.9% of Hispanics and 50.6% of Native Americans, screened in the past 2 years. In 2008, Idaho ranked 35th among states (1st = highest) in the proportion of males aged 40+ who had a PSA test within the past two years.

Tobacco Use

Current Smoking – 2000 to 2008

Statewide, 18.8% of adults aged 18 and older were current smokers. Smoking prevalence differed significantly by age of respondent, with 22.8% of persons aged 18-24, and 9.0% of persons aged 65 and older reporting current smoking. About twenty percent of males (20.1%) and 17.4% of females were current smokers, and smoking prevalence was lower among white non-Hispanics (18.3%) than among Native Americans (37.8%). There was a significant trend by year of survey, with lower smoking rates in more recent years. Smoking prevalence differed significantly by county, with a range of 3.7% (Madison County) to 26.1% (Shoshone County). Counties with higher rates of current smoking had significantly higher rates of lung cancer.

Smokeless Tobacco Use – 2000-2001, 2003-2006

Statewide, 4.4% of adults aged 18 and older were current users of smokeless tobacco. Smokeless tobacco use differed significantly by race/ethnicity, ranging from 2.1% among Hispanics to 8.5% among Native Americans. Smokeless tobacco use differed significantly by age group, ranging from 6.9% of persons aged 25-34 to 1.4% of persons aged 65 and older. Almost nine percent of males (8.6%) and 0.2% of females were current users of smokeless tobacco. There was no significant trend by year of survey. Smokeless tobacco use differed significantly by county, with a range of 0.7% (Madison County) to 20.1% (Camas County).

Other Cancer-Related

Physical Activity – 2001, 2003, 2005

Statewide, 58.8% of adults aged 18 and older exercised the recommended amount (30 minutes or more per day of moderate physical activity on 5 or more days per week or 20 minutes or more of vigorous physical activity on 3 or more days per week). White non-Hispanics (59.3%) were more likely to exercise the recommended amount than Hispanics (51.2%). Physical activity differed significantly by age of respondent, with 67.9% of persons aged 18-24, but only 47.4% of persons aged 65+, exercising the recommended amount. Males (61.4%) were significantly more likely to exercise the recommended amount than females (56.2%). Physical activity differed significantly by county, with a range of 49.1% (Idaho County) to 81.6% (Valley County) exercising the recommended amount.

Fruit & Vegetable Consumption – 2000, 2002-2003, 2005, 2007 Statewide, 21.6% of adults aged 18 and older reported eating 5 or more servings of fruits and vegetables per day. Fruit and vegetable consumption differed significantly by race/ethnicity, with 19.2% of Hispanics and 33.4% of Native Americans eating 5 or more servings per day. Males (16.4%) were significantly less likely to eat 5-a-day than females (26.9%). 5-a-day consumption differed significantly by age of respondent, with 17.7% of persons aged 18-24, and 30.9% of persons aged 65+ eating 5-a-day. 5-a-day consumption differed significantly by county, with a range of 14.8% (Owyhee County) to 30.7% (Camas County).

Body Mass Index – 2000 to 2008

Statewide, 40.1% of adults aged 18 and older were neither obese nor overweight as measured by body mass index (BMI <25). BMI differed significantly by race/ethnicity, with 40.4% of white non-Hispanics, compared to 35.6% of Hispanics and 32.0% of Native Americans, being neither obese nor overweight. Males (32.1%) were significantly less likely to have the recommended BMI than females (48.6%). BMI differed significantly by age of respondent, with 63.1% of persons aged 18-24, and 29.3% of persons aged 55-64, being neither obese nor overweight. BMI increased at a dramatic rate in Idaho, with 46.2% of adults in 2000 compared to 35.9% in 2008 being neither obese nor overweight. BMI differed significantly by county, with a range of 30.8% (Lewis County) to 57.7% (Blaine County) being neither obese nor overweight. Counties with higher rates of recommended BMI (neither obese nor overweight) had significantly lower rates of colorectal cancer.

Sun Exposure – 2003-2004, 2008

Statewide, 47.3% of adults aged 18 and older reported having sunburn in the past 12 months. Sunburn rates were higher for white non-Hispanics (48.8%) than for Hispanics (30.4%) or Native Americans (44.9%). Males (52.3%) were significantly more likely than females (42.5%) to have had sunburn in the past 12 months. Sunburn rates differed significantly by age group, with 69.3% of persons aged 18-24 and 13.8% of persons aged 65 and older having sunburn in the past 12 months. Sunburn rates differed significantly by county, with a range of 23.7% (Butte County) to 65.0% (Teton County) having sunburn in the past 12 months.

